



GROUPS & RETREATS IN-ROOM INFORMATION

HONESTY BAR

'La Choza' Pool Bar at Cuatre Finques operates as an honesty bar. Help yourself to a drink/snack and then note it down in the book with your room name. The total will be added to your bill at the end of your stay. There's a price list in the bar for your info. [The honesty bar is for CF drinks only.]

INTERNET

There's Wifi throughout the guest rooms, terraces, pool area and bar. The network is called 'CUATRE_FINQUES' and the password is **vinotinto** (all lowercase).

SAFE

There is a safe provided in your wardrobe or below your sink. Instructions for use are located beside it

TOWELS

There's pool towels in your room, and we kindly encourage you to reuse it as you see fit. Additional pool towels are available by the pool. Please place towels for washing in the basket provided



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SWIMMING POOL

There is no lifeguard at CF. Please never leave children unattended at the pool area. Guests should shower with soap before entering the swimming Pool.

LAUNDRY & IRONING

Laundry can be done in-house and is priced per load (washing & drying (not ironing 😊) 15€. We can provide a laundry bag for you to fill, an iron can also be provided if necessary.

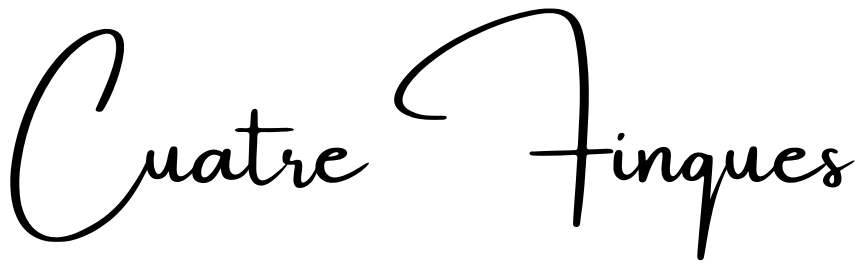
WATER

It's well known that Spain is a dry country and as a consequence water comes at a premium. We would ask you to bear this in mind and use water sparingly wherever possible.

Filtered water is provided in your rooms and replenished daily.

NOISE

We have neighbours close by and other guests staying here too- please respect this. Noise should always be kept to a minimum from 21.00-10.00h



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FIRST AID, ILLNESS, EMERGENCIES & FIRE

Should you need it there is a **First Aid kit in the honesty bar** available 24 hours. If you need to seek medical advice while you are here there is a pharmacy in the plaza Major in Xalò and a medical centre in the town too. For 24hr Emergency there is the Hospital in Denia (25 mins drive). Please contact the team if you need any help.

In case of **Fire**, please exit your room immediately and assemble in the far end of the car park. Please do not attempt to tackle the fire yourself.

24Hr Medical Room: (+34) 965739105 (Centro de Salud Benissa)

ALL EMERGENCIES: (+34) 112

Police- (+34) 091

Guardia Civil- (+34) 062

Fire Brigade (Bomberos) - (+34) 080 or 085



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ONSITE & LOCAL ACTIVITIES

SPA TREATMENTS, YOGA & REFLEXOLOGY

We have the most wonderful local beauticians at Cuatre Finques. Treatments should normally be booked in advance but sometimes can be arranged at short notice.

Treatments can be done in-room or under the pergola through the blue gate. There is a price list online. [Www.cuatrefinques.com/spa-treatments](http://www.cuatrefinques.com/spa-treatments)

BICYCLES

This is a renowned area for cycling. There are some mountain bikes at Cuatre Finques for you to use (free of charge) on the easier routes around the valley and vineyards. The bikes are located in the bike store near the entrance- just help yourself if you would like to use them. For the more serious cyclists or if you prefer something a little more challenging we can help with bike hire (priced around 25-65€ per day. There are many great mountain tracks and the mountain roads are excellent. We have maps or can suggest routes to suit.

GAMES

There are various games for use in the box on the coffee table. Just help yourself and return once finished.

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WINE/VINO

Set in a wine making valley it goes without saying wine is just part of the culture. Trips to the bodegas (wine shops) are always interesting where you can sometimes sample wines before buying (at very reasonable prices). Other activities such as group wine tastings, a tour of the local bodegas and, in september, grape 'stomping' can be arranged at an old wine museum (masserof). Rated one of the best bodegas in Spain (only 4 km from here) we would thoroughly recommend a visit & tour of the Gutierrez de la Vega bodega in parcent. Must be booked in advance. Closed Sundays.

www.bodegasgutierrezdelavega.es . There is also the Pepe Mendoza Bodega, Bodega Riko & Bouquet where tastings can be booked.

SHOPPING & MARKETS

There are numerous Spanish towns within easy reach, many with interesting shops and boutiques. Try the old town of Altea for some wonderful one-off dresses or Denia's Marques de Campo for a true Spanish shopping experience with a wine & tapas along the way. On Saturday mornings you can walk the 800m from Cuatro Finques to the Xalò Rastro (flea market) for some great vintage finds. Also on Saturdays (October-May) there is a farmer's market in the centre of town.

And every Tuesday there's the fruit & veg 'mercat' near the Plaza Major (main square).

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BEACHES

There are lots of lovely beaches within easy reach of Cuatre Finques. Many can be reached within a 20-30min drive. There are large sandy beaches in Xàbia, Calpe, Moraira & Oliva, interesting little coves with 'chiringuito' beach bars in Benissa Costa, or the crystal clear turquoise waters (great for snorkelling) at Granadella. These are the beaches we recommend:

El Portet- just 1.5km north of moraira. A little sandy cove with calm waters. Ideal for little ones. You can sit at the sea wall and enjoy lunch or juat a cool drink. (25min drive)

Cala Baladrar- Not a beach as such, more a rocky cove. Not crowded or built up so you can feel a world away from the busy resorts. (25min drive)

Moraira- there are various beaches in and around this nice little Spanish resort. Mostly sandy beaches and some with sunbed/umbrellas to rent in summer. (25min drive)

Portixol- Officially a Xàbia beach but around 10min drive from the main part of Xàbia. A stoney beach but often the waters are clear. There is a lovely beach bar called Cala Clemence- you must book in advance (45min drive)

La Fustera- On the Benissa costa, north of Calpe. A little sandy cove. There is a nice beach bar/ restaurant. (25min drive)



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BEACHES

Cala Moraig- A Teulada beach accessed via the Cumbre del Sol Urbanisation. A sandy & pebbly beach with many caves, crags and tunnels (and even a secret lagoon!). The water often has strong currents and waves so not recommend for children. (35min drive)

Xàbia Arenal- Big sandy holiday-resort type beach with promenade, lots of bars/restaurants, shops, people...There are sunbeds and umbrellas to rent in summer. (35min drive)

Xàbia Port- Pebbly beaches but much quieter than the Arenal beach. 'La Siesta' is a cool place for a drink or a bite to eat. (35min drive)

Oliva- white sandy beaches stretching more than 20km (north of Denia). Although a little characterless, due to its size, there are many areas that are relatively quiet even in July & August. There's a cool beach bar, called Oli-Ba-Ba, (from mid June to September) you can pre-order paellas and eat under a pergola in the sand (but must be pre-ordered! +34 647470097). (35min drive)



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LOCAL RESTAURANTS & BARS

There are various restaurants and bars in and around Xalò. These are the ones we rate:

Casa Aleluya : Cafe/Bar/Restaurant - for meals, coffees, drinks and tapas. In Summer open all day. 10 min walk.

Bistro Selene- Restaurant- for lunches and dinners. Smart little restaurant on the other side of the village. About 25min walk (5-min drive). Closed all day Monday & Sunday night.

Vall de Pop- Restaurant- Llíber-Gata Road (7min drive). Beautiful views. Closed Tuesday evening and all day Wednesday.

Can Caus- Restaurant- Xalò (near masymas supermarket) . Walking distance.

Ses Feixes- Ibiza Terrace/Restaurant- Alcalalí. Open all day. Closed Monday

Capriccio- Pizzeria- for dinner or takeaway!. Located on the outskirts of the village. Also does a couple of pastas, salads and desserts. Closed Monday

Ca Dorita- Pizzeria. Located by the kids play park in the centre of the village. Closed Tuesdays

Il Mondo- Italian Restaurant- Behind the main square.

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Bar Rull- Bar/Restaurant in the main square- a locals place for drinks and tapas and people watching 😊.

Mountain Restaurants- Verd i Vent, Masserof wine Musseum (Sat/Sun only), Coll de Rates, Refugio Vista Bernia. All basic but wonderfull views, most with all inclusive lunch price. Open for lunches only. Some closed Monday & often Tuesdays too- usually need reservations.

RESTAURANTS WE RECOMMEND FURTHER AFIELD

Chat to the team for more info.

Vall de Cavall (near Gata de Gorgos)- 20min drive

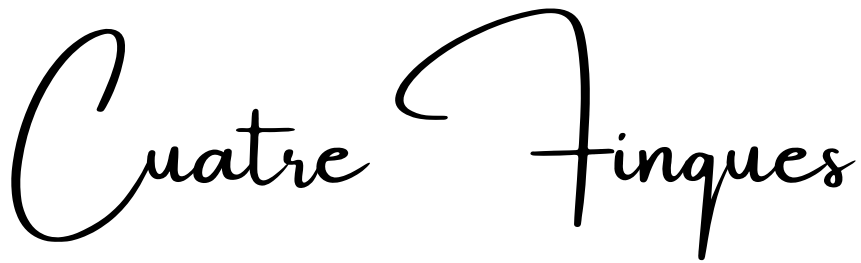
Ausias (Pedreguer)- like a michellin star restaurant- 20min drive

Casa del Maco (near Calpe)- 15min drive

Oustau (Altea old town)- 30min drive

Cala Clemence (Portixol Beach, near Xàbia) - 45min drive

Oli Ba Ba (Oliva beach) - 30min drive (more of a beach bar) (summer only)



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RESTAURANTS WE RECOMMEND FURTHER AFIELD

La Siesta (Xàbia Port) - 30 min drive

Rooftop at the Beach House (Xàbia) - 35 min drive

Els Magazinos (Dénia) - 30 min drive

Can Sueño (near Tárbenà) - 20 min drive

L'Era(Parcent) - basic but has the most authentic paellas in this area - 10 min drive

Baladrar Beach Bar (Cala Fustera, Benissa Coast) - 25 min drive

Mandala Beach Bar (Cala Fustera, Benissa Coast) - 25 min drive

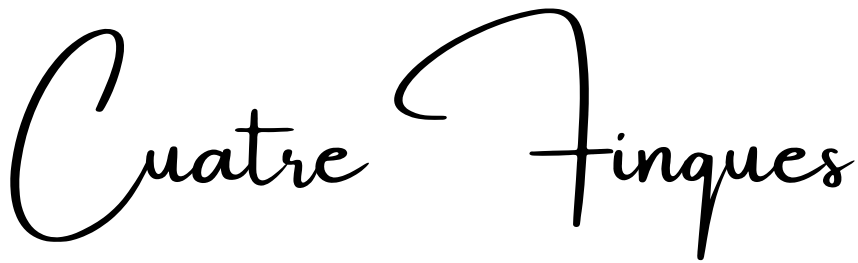
Amante (Moraira) - 25 min drive

MICHELLIN-STARRED RESTAURANTS

Quique Dacosta (near Dénia) 3 stars - 30 min drive

BonAmb Restaurant (near Xàbia) 2 stars - 25 min drive

Casa Bernardi (Pedramala) 1 star - 20 min drive



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Casa Pepa (Pamis near Ondara) 1 star - 25 min drive

Tula (Xàbia) 1 star - 35 min drive

SHOPS

There are various artisan shops in Xalò which provide an authentic Spanish shopping experience. Try the panaderias (bakeries), Vicentica or Francis, for some lovely fresh pastries or local cocas (pizza-type bread). Or the wonderful Companatge butcher for some Serrano ham and Manchego cheese (even have a little wine while you wait!!).

there are various bodegas (wine shops), including bodegas Rikos, Bouquet, Pepe Mendoza, Gutierrez de la Vega & Co-operativa, where you can sometimes sample the very reasonably priced wines before you buy.

There is a newsagent in the Plaza Major (Main square) with stocks foreign newspapers & magazines daily and two good sized supermarkets, Masymas and My Mercat, for all essentials. On sundays the petrol station has a mini-carefour for emergencies.

ATM / BANKS

There are various ATMs for cash (which are in English) in Xalò. There is one in the main square (in the La Caixa Bank), one opposite the Town Hall (Ajuntament) (Caixa Rural Bank) and one off the Plaza Major (Sabadell).

CONTACT DETAILS

If you need to contact us for any reason please just WhatsApp:
(+34) 622 834 134